

HUBBARD COMMUNICATIONS OFFICE
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Remimeo
Dn Checksheet

TRIPLE FLOWS

A being has a minimum of 3 flows.

By "flow" is meant a directional thought, energy or action.

The three flows are

Inward to oneself
Outward to another or others
Crossways, others to others.

There are many more flows possible as have been much more fully covered in Scientology Class VI.

Examples:

Flow 1, to self, Drinking.
Flow 2, self to another or others, pc giving them drinks.
Flow 3, others to others, people giving other people drinks.

Flow 1, to self, being hit on the nose.
Flow 2, self to another, pc hitting somebody else on the nose.
Flow 3, others-others, other people hitting others on the nose.

Item Example using a proper Dn item, a pain in the arm.

Flow 1, to self, receiving a pain in the arm.
Flow 2, to another, pc giving another a pain in the arm.
Flow 3, others-others, other beings giving others a pain in the arm.

Notice that the direction of the flow does NOT change the item. Only the direction changes.

SINGLE ITEMS

It will be found that a pc can run "single items" for quite a while.

By "single" is meant "to self" flow 1.

This however eventually can result in a stuck flow. This is based on the fact that a flow which runs too long in one direction can "stick". It will not flow longer in that one direction. It now has to have a reverse flow run.

Thus one can run a single flow item after item. But after many items are run as single flows, a pc can get stuck and run poorly.

The answer is to run Flows No. 2 and No. 3 on the same items already run in single flow.

One MUST begin with the first item and run each item on flows No. 2 and No. 3.

Example: One ran the following items on a pc single flow (to self, flow No. 1).

A sore jaw
Anger
A head pain
A dizzy feeling

The pc seems to be doing all right but it is time to run the triples. So one runs

A sore jaw, Flow No. 2 R3R
A sore jaw, Flow No. 3 R3R
Anger, Flow No. 2 R3R
Anger, Flow No. 3 R3R
A head pain, Flow No. 2 R3R
A head pain, Flow No. 3 R3R
A Dizzy Feeling, Flow No. 2 R3R
A Dizzy Feeling, Flow No. 3 R3R

Now having begun triples, one of course runs all new items assessed in triple form.

Item Flow No. 1 R3R
Item Flow No. 2 R3R
Item Flow No. 3 R3R

Each flow run is of course treated as a chain and is carried back to its basic and erasure.

SICK PCs

PCs who do not immediately get well on Single flows must of course be run on the other 2 flows for each item already run.

PCs who drop back to a sick state during auditing must be run on the other two flows.

In actual practice where a pc does not get well promptly he is given medical care as he was physically ill. Then he is given a Scientology Review (Green Form to F/N and any session repair and GF No. 40 and handle fully).

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And then he is run on triples, putting in flows No. 2 and No. 3 on all items run so far. Added to this Review can be what is known as Life Ruds and 3 S & Ds. THEN and only then is the pc put back on Dianetics and all items are given flows No. 2 and No. 3 and is run on triples thereafter.

The above paragraph applies to any sick pc. The sequence of the actions in the above paragraph can be varied. One doesn't just put in triples on the pc to "cure" him. Medical action and Scientology Review and the actions to handle a sick pc must be done. The point for this HCOB is that the pc MUST have all singles now done in triple and that all further items must then be done as triples.

Since only one Command in R3R varies in triples (see Issue II of this HCOB) ANY DIANETIC AUDITOR who has done a Starrated checkout on this HCOB and Issue II of this date CAN DO DIANETIC TRIPLES.

Don't get complex about it such as assessing for a flow No. 3 or skipping around on a list or asking the pc's permission or for his interest to do No. 2 and No. 3. It's almost impossible to go wrong doing flows No. 2 and No. 3. There aren't any "special cases".

A Dianetic auditor SHOULD QUALIFY FOR HIS HDC doing SINGLES. There's less chance of getting balled up. Or of pushing a wrong assessment.

Where the pc has been run on a narrative item or a multiple item, skip it for triples.

NECESSITY OF TRIPLES

This is absolutely certain about triples: A PC MUST BE RUN ON DIANETIC TRIPLES BEFORE HE CAN BE CALLED A DIANETIC COMPLETION.

When a pc has been called a Dianetic Completion on singles and has done Scn triples and even OT grades HE SHOULD BE RUN ON DIANETIC TRIPLES and can be at any time.

(See Issue II HCOB 5 Oct 69 for Dianetic Triple Commands.)

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LRH:ldm